



**Cardiology Plus**  
**Suite 201, 803-1<sup>st</sup> Avenue N. E.**  
**Calgary, Alberta**  
**T2E 7C5**  
**T: (403) 571-8640 F: (403) 571-8658**

**YOUR APPOINTMENT IS:**

## Patient Instructions

**1. Please arrive** at least **10 minutes** prior to your booked appointment time with this form and your health insurance card. **Late arrivals may not be accommodated.**

**2. Your echocardiogram (ultrasound of the heart)** will be done in suite 201, on the second floor of our building.

**3. If you are booked for an echocardiogram and a thallium stress test the same morning, please come to suite 201 (on the second floor) first.**

**4. If you need to have a Holter monitor, make sure that you are not booked for an echocardiogram while you are wearing the monitor.**

**5. Please do not wear any perfumes or scented lotions.**

**6. Children are not allowed** into the scanning room (Please arrange for appropriate child care.)

**7. Cell phones and pagers should be turned off.**

**8. Please be courteous to our office staff.**

**9. If you need to reschedule your test please call (403) 571-8640 at least 2 days before your test has been scheduled.**

**10. Limited parking** is available behind the building. Park in designated 2 hr. zones or unlimited parking areas north of 2<sup>nd</sup> Ave. N.E.

*Please see reverse side for directions to Cardiology Plus and description of the test.*

### Physician Request for Echocardiogram

Date:	
Name:	
Address:	Telephone
Date of Birth:	M/F
AHC/Insurance#:	
Referring Physician <b>Printed:</b>	
Referring Physician <b>Signature:</b>	
Additional copies to:	

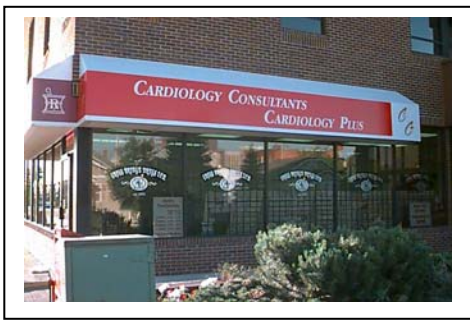
### Indication for study

History and provisional diagnosis  
*(Please print/write legibly)*

Previous echo? Y/N

If yes, when? \_\_\_\_\_

Where? \_\_\_\_\_



## Cardiology Plus

Suite 201

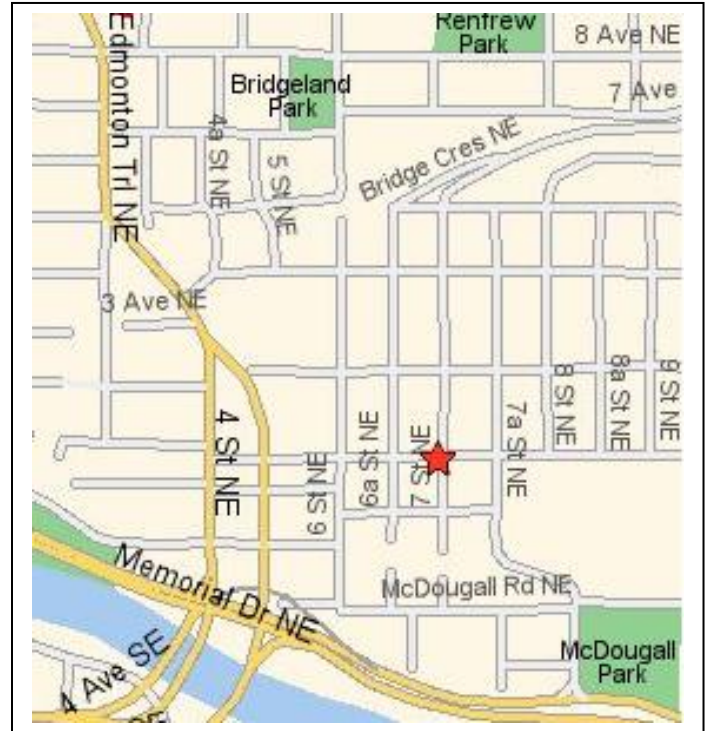
803 – 1<sup>st</sup> Avenue N. E.

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Tel: (403) 571-8640 Fax: (403) 571-8658

[www.cardiologyconsultants.ca](http://www.cardiologyconsultants.ca)



- *Be aware that there is another medical clinic a few blocks east of our location. Our building is directly across from the Seven Eleven convenience store. Please ensure that you have the correct address.*

## The Echocardiogram

An echocardiogram uses ultrasound waves to assess the heart. A specially trained technologist places a probe, called a transducer at various locations on the chest and directs sound waves toward the heart that “bounce back” and create a picture on a screen. This picture is recorded onto video tape for analysis by a cardiologist trained to interpret this type of study. The picture shows the heart muscle, valves, and the passage of blood through the heart. The test takes between 30 minutes and one hour to complete. For further information please visit our website. ( [www.cardiologyconsultants.ca](http://www.cardiologyconsultants.ca) )

## Preparation

There is no special patient preparation for this test.

## During the Test

You will be lying on a bed during the test. Gel is applied to the chest to aid the transmission of the sound waves. The transducer is pressed firmly against the chest wall and you may feel some pressure or tenderness.

There are no harmful effects from having this test done.

**A complete report will be sent to your doctor within 7 business days.**